



ANSWERS: Unit 4: Disciple of Christ

Live life as a disciple of Christ and intentionally make disciples for the glory of God.

Lesson 10
Holy Power

Day One
God is Holy

Read Colossians 2:6–7 and answer questions 1–8:

*So then, just as you received Christ Jesus as Lord, continue to live your lives in him,
7 rooted and built up in him, strengthened in the faith as you were taught, and overflowing with
thankfulness. Colossians 2:6–7*

1. How are disciples of Christ supposed to continue to live their lives?

In Christ, rooted and built up in him, strengthened in the faith as we were taught, and overflowing with thankfulness.

2. As a disciple of Christ, how are you rooted and built up in Christ Jesus?

Personal answer, but consider this paragraph from the lesson:

3. How would it affect your trust in God if He did not mind telling a few “white” lies or bending the truth sometimes?

Personal answer, but we would not be able to trust God. How would we know when He was telling the truth and when He was bending the truth?

4. Would you cherish falling down and worshiping God if He were selfish, cynical, or bitter?
Yes No (Underline One)

5. Read 1 John 1:5. Why should the fact that God is light (pure, holy) and in Him there is no darkness (sin), cause your mouth to open in praise and thanksgiving?

This is the message we have heard from him and declare to you: God is light; in him there is no darkness at all. 1 John 1:5

Personal Answer, but simply we can trust God and His Word. The Bible tells us that God is perfectly good and all that He does is right. There is not even a hint of wrongdoing or sin (darkness) in God. The Bible also tells us that He loves us and has our best interests at heart. These are reasons to praise and thank God.

6. Suppose you owned a successful business. It provided a useful service for customers and jobs for many employees. Customers were happy and so were the employees who earned a good wage. You had designed your business to be a good and peaceful place to work. You set up rules to ensure the workplace would remain that way. One day, you discovered that one of your employees was breaking the rules, stealing from the business, harassing (troubling) other workers, and speaking badly about you and others. What would you do?

Personal answer, but you would want to quickly get him or her out of your company so as not to harm the others and their livelihood. Truly it would be disastrous to keep someone of that nature in your employ. Your answer might include the desire to first try to help that employee to see the error of their ways and turn to God. That is fine, although it is not the point of the illustration.

Bible references from the lesson:

“Why do your disciples break the tradition of the elders? They don’t wash their hands before they eat!” Matthew 15:2

So the Pharisees and teachers of the law asked Jesus, “Why don’t your disciples live according to the tradition of the elders instead of eating their food with defiled hands?” Mark 7:5

I was advancing in Judaism beyond many of my own age among my people and was extremely zealous for the traditions of my fathers. Galatians 1:14

Read Deuteronomy 11:26–28 and answer questions 7–10:

See, I am setting before you today a blessing and a curse—²⁷ the blessing if you obey the commands of the LORD your God that I am giving you today; ²⁸ the curse if you disobey the commands of the LORD your God and turn from the way that I command you today by following other gods, which you have not known. Deuteronomy 11:26–28

7. What did God say would happen if the Israelites obeyed His commands (v. 27)?

They would be blessed.

8. How would you define a blessing (v. 27)?

Although blessings can be defined in various ways, here is the answer from the lesson: God's blessing on humankind begins with His felt presence. A blessing from God means that He is close and has not withdrawn His attention and power. God is near to us when He meets our physical and emotional needs causing us to experience His goodness and power.

Bible reference from the lesson:

And we know that in all things God works for the good of those who love him, who have been called according to his purpose. ²⁹ For those God foreknew he also predestined to be conformed to the image of his Son, that he might be the firstborn among many brothers and sisters.
Romans 8:28–29

9. What did God say would happen if the Israelites disobeyed His commands (v. 28)?

They would be cursed.

10. How would you define a curse (v. 28)?

When God pronounces a curse, it is a condemnation of sin. He is judging sin. He might also state the consequences and suffering that one might suffer as a result of a particular sin or sin in general. (Humans curse others by asking God or false gods to send injury or catastrophe to them.)

Read Leviticus, chapters 17–26 and answer questions 11–14:

For the life of a creature is in the blood, and I have given it to you to make atonement for yourselves on the altar; it is the blood that makes atonement for one's life. Leviticus 17:11
(Atonement is the reconciliation, or the bringing together of God and humanity)

11. Why do you think biblical scholars have named these chapters the holiness codes?

The word *holy* is repeated many times and Leviticus was a law (code) book for the Israelites. Hence, the holiness codes.

Moses, who authored the book of Leviticus, was careful to show and reiterate that God is holy and that the Israelites must obey God's law in all parts of life in order to be holy.

12. Choose and list the key verse in these chapters that summarize the main thought.

Leviticus 17:11. Here is a summary example: This verse means that the life of an animal is in its blood. In this context, the blood is given as a way to pay the price owed for sins. It's used on the altar to make things right again, like a payment for the wrong things that have been done. The blood is what helps make things okay between people and God.

13. What did God say or impress upon you as you were reading the holiness codes?

Personal Answer

14. Whose blood made atonement for your life and makes you holy?

Jesus Christ, the Lamb of God.

Action Step

15. Meditate on Leviticus 17:11 and memorize it.

For the life of a creature is in the blood, and I have given it to you to make atonement for yourselves on the altar; it is the blood that makes atonement for one's life. Leviticus 17:11

—End Day One—

Day Two ***Holy Power***

Read 2 Corinthians 3:17 and answer questions 16–18:

Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom.

2 Corinthians 3:17 (See John 17:20–21; 1 Corinthians 12:4–6)

Bible references listed with 2 Corinthians 3:17:

“My prayer is not for them alone. I pray also for those who will believe in me through their message,²¹ that all of them may be one, Father, just as you are in me and I am in you. May they also be in us so that the world may believe that you have sent me.” John 17:20–21

There are different kinds of gifts, but the same Spirit distributes them.⁵ There are different kinds of service, but the same Lord.⁶ There are different kinds of working, but in all of them and in everyone it is the same God at work. 1 Corinthians 12:4–6

16. The Lord Jesus is the Spirit and God the Father is the Spirit. True False (Underline One)

17. When you, a believer, are filled with the Holy Spirit, who indwells you?

God. God the Father, God the Son, and God the Holy Spirit.

18. Explain the freedom the Spirit of the Lord brings (See 2 Corinthians 3:9–18).

This is not the freedom to do whatever we please. It is the freedom from sin, law of the Old Covenant, and spiritual death. The veil that separated people from God's presence and His glory (Temple curtain that kept the Israelites from the Ark of the Covenant and God's presence.) has been removed in Christ Jesus. We are free to deny the flesh, serve God through His Holy Spirit, and enter heaven.

19. Read Revelation 3:16. How does this verse speak to Jesus' feelings toward complacency?

So, because you are lukewarm—neither hot nor cold—I am about to spit you out of my mouth.
Revelation 3:16

Jesus states plainly that He does not want anything to do with those who are half-hearted in their love and loyalty. He is not interested in a relationship with those who are complacent i.e., not being involved with Him too seriously.

Action Step

20. Read Revelation 15:3–4. Join God's holy angels in praising Him through this song and write out one sentence of praise.

... and sang the song of God's servant Moses and of the Lamb: "Great and marvelous are your deeds, Lord God Almighty. Just and true are your ways, King of the nations. ⁴ Who will not fear you, Lord, and bring glory to your name? For you alone are holy. All nations will come and worship before you, for your righteous acts have been revealed." Revelation 15:3–4

Personal and individual sentence of praise.

Read Luke 1:35 and answer questions 21–23:

The angel answered, "The Holy Spirit will come upon you [Mary], and the power of the Most High will overshadow you. So the holy one to be born will be called the Son of God." Luke 1:35

21. To whom is the angel Gabriel talking?

The Virgin Mary

22. How was Jesus, the Son of God, conceived in Mary's womb?

The Holy Spirit came upon Mary, and the power of the Most High overshadowed her.

23. Why do you think Gabriel referred to Jesus as the holy one?

Jesus is the Son of God, set apart and holy. He is holy and pure like God the Father and God the Holy Spirit.

Read Acts 10:38 and answer questions 24–27:

... how God anointed Jesus of Nazareth with the Holy Spirit and power, and how he went around doing good and healing all who were under the power of the devil, because God was with him. Acts 10:38 (Anoint in this context is God setting Jesus apart for special service.)

24. How did God anoint Jesus?

With the Holy Spirit and power.

25. What did Jesus do after He received God's anointing with the Holy Spirit and power?

He went around doing good and healing all who were under the power of the devil.

26. Was God with Jesus? Yes No (Underline One)

27. Who is with you and what will you do with your anointing of the Holy Spirit and power (Reference: Acts 1:5, 8; 2 Corinthians 1:20–22)?

Personal Answer

Bible references listed in question 27:

"For John baptized with water, but in a few days you will be baptized with the Holy Spirit."
Acts 1:5

"But you will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth." Acts 1:8

For no matter how many promises God has made, they are "Yes" in Christ. And so through him the "Amen" is spoken by us to the glory of God. ²¹ Now it is God who makes both us and you stand firm in Christ. He anointed us, ²² set his seal of ownership on us, and put his Spirit in our hearts as a deposit, guaranteeing what is to come. 2 Corinthians 1:20–22

Read Ephesians 3:16–19 and answer questions 28–32:

I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being, ¹⁷ so that Christ may dwell in your hearts through faith. And I pray that you, being rooted and established in love, ¹⁸ may have power, together with all the Lord's holy people, to grasp how wide and long and high and deep is the love of Christ, ¹⁹ and to know this love that surpasses knowledge—that you may be filled to the measure of all the fullness of God.
Ephesians 3:16–19

28. The apostle Paul is praying for the saints at Ephesus. How does he ask God the Father to strengthen them (v. 16)?

With power through God's Spirit in their inner being.

29. What is the reason Paul is praying for the Ephesians to be strengthened with power through God's Spirit in their inner being (mind and will) (v. 17)?

So that Christ may dwell in their hearts through faith.

30. What does Paul pray in vv. 18–19?

That the Ephesians may have power, together with all the Lord's holy people, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge—that you may be filled to the measure of all the fullness of God.

31. How is Ephesians 3:16–19 an effective prayer for holy power?

It is an effective prayer for power because we are asking God for the source of our power (Jesus Christ) to live in our hearts through faith. The prayer is also effective because of the request to be filled to the measure of all the fullness of God. This is not a prayer for personal power, but God's holy power for knowing, serving, and glorifying Him.

Action Step

32. Pray Ephesians 3:16–19 for the members of your discipleship team for one week.
I have prayed Ephesians 3:16–19 for the disciples on my team each day for seven days.
Yes No (Underline One)

Personal Answer

—End Day Two—

Day Three
Power in Weakness

Bible reference from lesson:

But he said to me, “My grace is sufficient for you, for my power is made perfect in weakness.” Therefore I will boast all the more gladly about my weaknesses, so that Christ’s power may rest on me.¹⁰ That is why, for Christ’s sake, I delight in weaknesses, in insults, in hardships, in persecutions, in difficulties. For when I am weak, then I am strong. 2 Corinthians 12:9–10

Read 2 Corinthians 4:7–10 and answer questions 33–38:

For God, who said, “Let light shine out of darkness,” made his light shine in our hearts to give us the light of the knowledge of God’s glory displayed in the face of Christ.⁷ But we have this treasure in jars of clay to show that this all-surpassing power is from God and not from us.⁸ We are hard pressed on every side, but not crushed; perplexed, but not in despair;⁹ persecuted, but not abandoned; struck down, but not destroyed.¹⁰ We always carry around in our body the death of Jesus, so that the life of Jesus may also be revealed in our body.¹¹ For we who are alive are always being given over to death for Jesus’ sake, so that his life may also be revealed in our mortal body. 2 Corinthians 4:7–10

33. In creation, God spoke light into existence. How does God make His light shine in believer’s hearts so that we know Him (v. 6)?

Though Christ, believers are given the knowledge of God and His glory.

34. What is the treasure that is in jars of clay and why do believers have it (vv. 6–7)?

The treasure is synonymous with the kingdom of God and the gospel. We have it to clay to show that this all-surpassing power is from God and not from us.

35. Why does Paul refer to himself and other people as jars of clay (v. 7)?

Paul uses the term *jars of clay* figuratively to represent his own, and humanity’s frail, feeble, and perishing bodies

36. Can you share a time, either now or in the past, when you felt like Paul, hard pressed on every side (v. 8)?

Personal Answer

37. Paul was not crushed, not in despair, not abandoned, and not destroyed (v. 8). Regarding your answer to #36, how did you, are how will you overcome your hardships?

Personal Answer

38. What does it mean to *carry around in our body the death of Jesus, so that the life of Jesus may also be revealed in our body* ? (vv. 10–11).

It means to surrender self or die to self in order to follow Jesus and receive His resurrection power. For example, Paul embraced his cross by bearing the death of Jesus in his body. That is, because of his afflictions, he walks around like a corpse.

Read Esther 4:12–14 and answer questions 39–43:

When Esther’s words were reported to Mordecai, ¹³ he sent back this answer: “Do not think that because you are in the king’s house you alone of all the Jews will escape. ¹⁴ For if you remain silent at this time, relief and deliverance for the Jews will arise from another place, but you and your father’s family will perish. And who knows but that you have come to your royal position for such a time as this?” Esther 4:12–14

39. Can anyone ever attain a position of power, wealth, or social standing that insulates (protects) them from world or disastrous events (v. 13)? Yes No (Underline One)

40. What did Mordecai believe about God’s ability to save (v. 14a)?

He believed God’s plans and ability to save would not be thwarted. God is sovereign with full power and authority to save and deliver.

41. What would have happened if Esther had not risked her life by approaching the king (v. 14b)?

Relief and deliverance for the Jews would have come from another place but she and her father's family would perish.

42. Write Mordecai’s words that encouraged and emboldened Esther in her calling (v. 14c):

And who knows but that you have come to royal position for such a time as this?

43. How do you think God is uniquely calling you *for such a time as this*?

Personal Answer

—End Day Three—

Day Four

Demolish the Negative, Embrace Holy

Read Esther 4:15–17 and answer questions 44–46:

Then Esther sent this reply to Mordecai: ¹⁶ “Go, gather together all the Jews who are in Susa, and fast for me. Do not eat or drink for three days, night or day. I and my attendants will fast as you do. When this is done, I will go to the king, even though it is against the law. And if I perish, I perish.” ¹⁷ So Mordecai went away and carried out all of Esther’s instructions. Esther 4:15–17

44. How did Esther rely or depend on God (v. 16)?

She called for a fast that included herself and the Jews. Fasting was always accompanied by prayer and seeking God. After the fast, she planned to go to the king.

45. Esther accepted her holy calling. How were her attitude and character transformed?

Personal answer, but Esther’s attitude and character was transformed from fearful and hesitant to courageous and confident. She becomes a bold leader. Instead of taking direction from Mordecai, she now commands him and the Jews. Esther was also willing to die for God’s call on her life. She says, “*And if I perish, I perish.*”

46. How does your attitude and character still need to be transformed?

Personal Answer

Read 2 Timothy 2:20–21 and answer questions 47–48:

In a large house there are articles not only of gold and silver, but also of wood and clay; some are for special purposes [honor] and some for common use [dishonor]. ²¹ Those who cleanse themselves from the latter will be instruments for special purposes, made holy, useful to the Master and prepared to do any good work. 2 Timothy 2:20–21

47. How can you prepare yourself to be an instrument for God’s special purpose (vv. 20–21)?

Personal answer, but has to do with cleansing oneself (confessing and repenting) of one’s sin and obeying God.

48. Explain the balance between human responsibility and divine initiative (v. 21)? (See also Ephesians 2:8–10; Philippians 2:12–13; James 2:26)

Grace is God’s power or divine initiative working through us. We can do nothing without God’s grace. However, we are expected to take responsibility and partner with God by making good and wise decisions—obeying God, denying ourselves, choosing the holy, and fleeing from evil.

Bible references listed in question 48:

For it is by grace you have been saved, through faith—and this is not from yourselves, it is the gift of God—⁹ not by works, so that no one can boast. ¹⁰ For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do. Ephesians 2:8–10

Therefore, my dear friends, as you have always obeyed-- not only in my presence, but now much more in my absence—continue to work out your salvation with fear and trembling, ¹³ for it is God who works in you to will and to act in order to fulfill his good purpose. Philippians 2:12–13

As the body without the spirit is dead, so faith without deeds is dead. James 2:26

49. Have you ever experienced “negative creep,” and if so, what did you do to overcome it?

Personal Answer

Bible reference from lesson:

Finally, be strong in the Lord and in his mighty power. ¹¹ Put on the full armor of God, so that you can take your stand against the devil's schemes. ¹² For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. ¹³ Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. ¹⁴ Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, ¹⁵ and with your feet fitted with the readiness that comes from the gospel of peace. ¹⁶ In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. ¹⁷ Take the helmet of salvation and the sword of the Spirit, which is the word of God. ¹⁸ And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people. Ephesians 6:10–18

Read 2 Corinthians 10:4–5 and answer questions 50–52:

The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. ⁵ We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ. 2 Corinthians 10:4–5 (A stronghold is an incorrect thinking pattern affecting how one responds.)

50. Are believers supposed to fight with the weapons of the world—those based on carnal (sensual) and corrupt principles (v. 4a)? Yes No Sometimes (Underline One)

51. Why do the weapons believers fight with, demolish strongholds (v. 4b)?

The have divine power.

52. How do *you* take captive every thought and make it obedient to Christ (v. 5)?

Personal answer, but it is an ongoing process. Here are some ways that believers actively control their thoughts so they align with God's Word. Most importantly, they pray for God's grace and the Holy Spirit's power and direction. They also guard against sinful influences, read and meditate on the Bible, submit to God, stand firm in Christ, engage in regular confession, become part of a small team for support and accountability, maintain a disciplined and intentional thought life, and die to self.

Four Ways to Demolish Harmful Emotions

(1) Seek God

53. Read Psalm 62:8. What are the two commands of this verse and the reason for them?

Trust in him at all times, you people; pour out your hearts to him, for God is our refuge.
Psalm 62:8 (A refuge provides shelter, protection, and safety from danger, trouble, or harm.)

(1) Trust in God at all time and (2) pour out your heart to Him.

Read Psalm 34:17–19 and answer questions 54–57:

The righteous cry out, and the LORD hears them; he delivers them from all their troubles. ¹⁸ The LORD is close to the brokenhearted and saves those who are crushed in spirit. ¹⁹ The righteous person may have many troubles, but the LORD delivers him from them all; Psalm 34:17–19

54. When you cry out to the Lord, does He hear you (v. 17)? Yes No (Underline One)

Personal Answer

55. Why might God not always respond or deliver believers in the way they think or expect? (See Isaiah 55:8–9; Romans 8:28–29; 2 Corinthians 12:9.)

God's ways are different from people's ways, they are far superior, He is conforming believers to the image of His Son, and God's power is sufficient—made perfect in weakness.

Bible references listed in question 55:

"For my thoughts are not your thoughts, neither are your ways my ways," declares the LORD.
⁹ *"As the heavens are higher than the earth, so are my ways higher than your ways and my thoughts than your thoughts.* Isaiah 55:8–9

And we know that in all things God works for the good of those who love him, who have been called according to his purpose.²⁹ For those God foreknew he also predestined to be conformed to the image of his Son, that he might be the firstborn among many brothers and sisters.

Romans 8:28–29

But he said to me, “My grace is sufficient for you, for my power is made perfect in weakness.” Therefore I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me. 2 Corinthians 12:9

56. Who is the Lord close to, and who does He save (v. 18)?

The Lord is close to the brokenhearted and saves those who are crushed in spirit.

57. Believers are righteous, godly, and holy in Christ. Even though we have many troubles, what does the Lord promise to do (v. 19)?

Deliver them. From the lesson:

Disciples of Christ may not be delivered from our troubles in the timing or the way we anticipate, but God is true to His Word. While facing hardships God is our refuge. He is a place of safety, strength, and protection. We have His unwavering care and support.

Read Colossians 1:10–11 and answer questions 58–60:

... so that you may live a life worthy of the Lord and please him in every way: bearing fruit in every good work, growing in the knowledge of God,¹¹ being strengthened with all power according to his glorious might so that you may have great endurance and patience . . .
Colossians 1:10–11

58. No matter your circumstances, what should you strive for (v. 10)?

We should strive to live a life worthy of the Lord and please him in every way: bearing fruit in every good work, growing in the knowledge of God.

59. How will you be strengthened to live a life worthy of the Lord (v. 11)?

We are strengthened with all power according to the Lord's glorious might so that we may have great endurance and patience.

60. Action Step: Memorize Colossians 1:10–11 above.

—End Day Four—

Day Five

Demolishing Negative Emotions Continued

(2) Embrace your call

Read 2 Thessalonians 1:11 and answer questions 61–62:

With this in mind, we constantly pray for you, that our God may make you worthy of his calling, and that by his power he may bring to fruition your every desire for goodness and your every deed prompted by faith. 2 Thessalonians 1:11

61. The apostle Paul, Silas, and Timothy prayed constantly that God would make the Thessalonian Christians worthy of His calling. Will you pray this same request for yourself and other believers? Yes No (Underline One)

Personal Answer

62. How will God enable you to live a life worthy of His call and accomplish all the good things your faith prompts you to do?

By His power.

(3) Give Thank Offerings

Read Psalm 50:14–15 and answer questions 63–65:

“Sacrifice thank offerings to God, fulfill your vows to the Most High, ¹⁵ and call on me in the day of trouble; I will deliver you, and you will honor me.” Psalm 50:14–15

63. What three things does God command His people to do (vv. 14–15)?

(1) Sacrifice thank offerings, (2) fulfill their vows, and (3) call on God in the day of trouble.

64. After the Israelites sacrificed thank offerings, fulfilled their vows, and called on God, what would happen (v. 15)?

God would deliver them and they would honor Him.

65. What does the command fulfill your vows to the Most High mean (v. 14)? (See Deuteronomy 26:17)

Fulfilling your vows could simply mean keeping one’s promises or keeping one’s word. But it also suggests that God is reminding the Israelites of their covenant with Him, which includes the moral law. That is, according to their agreement, God would bless and protect His people if they walked in His ways, kept His statutes, and commands.

Bible reference listed in question 65:

You have declared this day that the LORD is your God and that you will walk in obedience to him, that you will keep his decrees, commands and laws—that you will listen to him.

Deuteronomy 26:17

Bible references from lesson:

“If you love me, keep my commands.” John 14:15

For I desire mercy, not sacrifice, and acknowledgment of God rather than burnt offerings.

Hosea 6:6

(4) Crucify the Flesh

Read Romans 8:13–14 and answer questions 66–69:

For if you live according to the flesh, you will die; but if by the Spirit you put to death the misdeeds of the body, you will live.¹⁴ For those who are led by the Spirit of God are the children of God. Romans 8:13–14 (See also Romans 6:6–7; Galatians 5:24–25)

66. Fill in the blanks. For if you live according to the flesh , you will die ; but

if by the Spirit you put to death the misdeeds of the body, you will live (v. 13).

67. What does it mean that a person will die or live (v. 13)?

If a person ignores the Holy Spirit and gives into their sin nature, they will face spiritual death and separation from God. However, when a person submits to the guidance and empowerment of the Spirit, they will enjoy eternal life and relationship with God.

68. How do you put to death the misdeeds of the body i.e., crucify the flesh (v. 13)?

Living by the Holy Spirit and allowing Him to enable us to say no to sin.

69. If you are led by the Spirit of God, how are you related to God (v. 14)?

Bible reference listed with Romans 8:13–14:

For we know that our old self was crucified with him so that the body ruled by sin might be done away with, that we should no longer be slaves to sin—⁷ because anyone who has died has been set free from sin. Romans 6:6–7

Those who belong to Christ Jesus have crucified the flesh with its passions and desires.

²⁵ *Since we live by the Spirit, let us keep in step with the Spirit.* Galatians 5:24–25

70. Read Psalm 62:5–6. No matter how tragic your situation or how severe your persecution—where do you find rest, hope, and deliverance?

Yes, my soul, find rest in God; my hope comes from him. ⁶ Truly he is my rock and my salvation; he is my fortress, I will not be shaken. Psalm 62:5–6

In God.

71. According to Ephesians 6:10, who is the source of our strength?

Finally, be strong in the Lord and in his mighty power. Ephesians 6:10

The Lord

72. Read 2 Samuel 22:29–30. Who turns our darkness into light and helps us in all our battles?

You, LORD, are my lamp; the LORD turns my darkness into light. ³⁰ With your help I can advance against a troop; with my God I can scale a wall. 2 Samuel 22:29–30

The Lord

—End of Answers Day Five and Lesson 10—

Next—Lesson 11: Refresh—Sharing Christ, Unit 4: Disciple of Christ

Rev 12/31/2023